

City of Malibu, Community Services Department

SELF DEFENSE WORKSHOPS

Ages 18+ | Complimentary

**Malibu Bluffs Park,
Michael Landon Center**

Friday, April 24 | 6:30 - 8 PM

Friday, May 8 | 6:30 - 8 PM



Learn essential techniques and strategies to boost confidence, raise self-awareness, and gain practical skills to be safe in everyday situations. Instructed by The Pit Malibu Martial Arts.



310.317.1364
MalibuCity.org/Register

