

FIT X3 OUTDOOR FITNESS



AGES 18+ | MALIBU BLUFFS PARK, MULTIPURPOSE FIELD
TUESDAY | APRIL 14 | 9 - 10:30 AM | COMPLIMENTARY
TUESDAYS | APRIL 21 - MAY 26 | 9 - 10 AM | \$180
THURSDAYS | APRIL 23 - MAY 28 | 9 - 10 AM | \$180

Boost strength, endurance, and mobility with the Fit X3 Mobile Gym. This dynamic class utilizes a fully equipped fitness studio on wheels to deliver challenging and efficient workouts outdoors. Participants will improve their overall fitness using equipment such as cables, dumbbells, TRX bands, ropes, and more, in a supportive group setting. Instructed by Jennifer Chapman.

310.317.1364 | MalibuCity.org/Register

