



# RISE INSTITUTE

*Pepperdine University*

## Parents Raising Resilient Kids

THURSDAY, MARCH 5

5 - 6:30 PM

Malibu Bluffs Park,  
Michael Landon Center

Ages  
18+

## Bouncing Back

SATURDAY, MARCH 7

10 - 11:30 AM

Malibu Bluffs Park,  
Michael Landon Center

Ages  
8 - 11

These two interactive workshops are designed to equip parents and youth with practical tools to build resilience and confidently navigate life's challenges. Through engaging activities and guided reflection, participants gain strategies that are applicable at home, school, and in everyday life. Instructed by the RISE Institute at Pepperdine University.

