

DISASTER PLANS AND EMERGENCY KITS

SARAH KAPLAN

PUBLIC SAFETY SPECIALIST

CITY OF MALIBU



CREATING A DISASTER PLAN

1

Talk

- Family and friends
- Neighbors
- Coworkers

2

Plan

- Home
- School
- Work

3

Prepare

- Practice
- Building a Kit

TALK

- What accommodations and needs does your family have?
- What are the hazards in your area?
- How can you mitigate them?
- What could it be like in the event of a disaster?



SIGN UP FOR DISASTER NOTIFICATIONS

- City of Malibu
 - www.MalibuCity.org/DisasterNotification
- County of Los Angeles
 - www.Alert.LACounty.gov

SIGN UP NOW!



PLAN

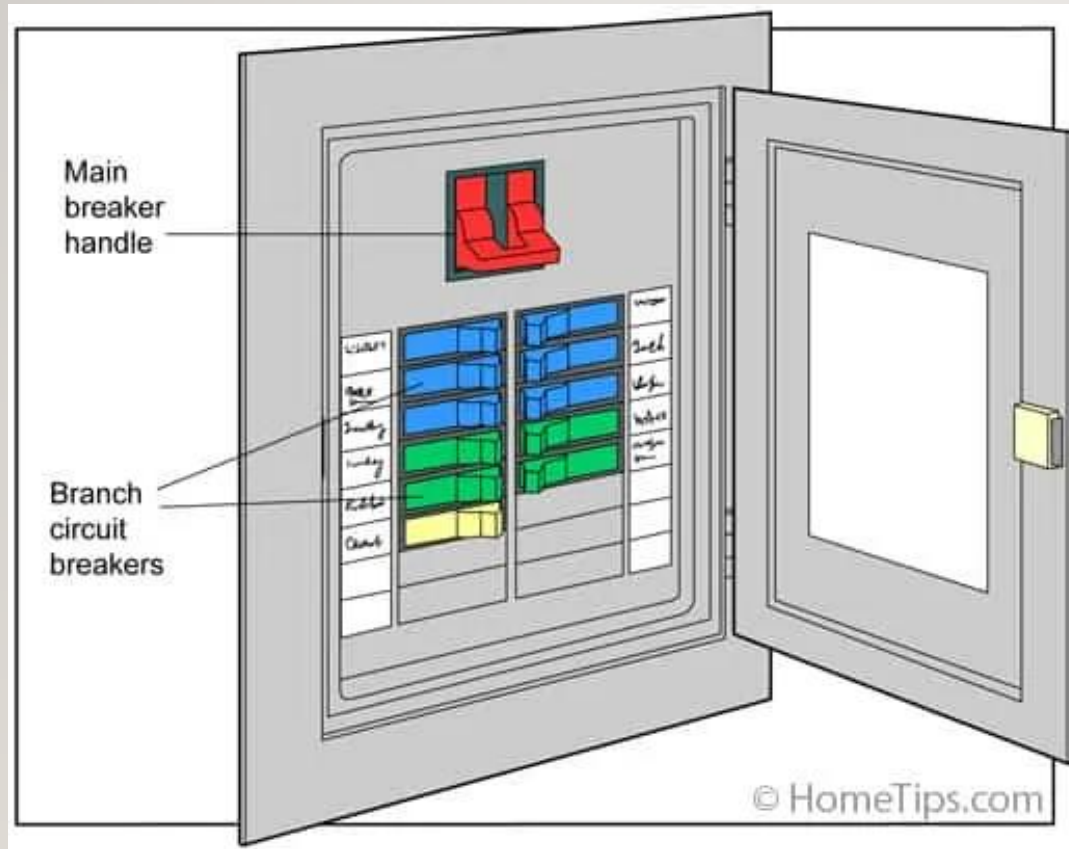
- Known the emergency policies of schools and adult-care centers
 - Emergency shelter/supplies
 - Transportation
- Identify safe spots in each room to take cover, if needed
 - Under sturdy tables and desks
 - Against interior walls

PLAN



- Identify meeting places outside of the home
- Select an out of area contact
 - Out of State is ideal, out of city or county good alternatives
- Know the location of utility shut-offs
 - Water
 - Gas
 - Electricity

UTILITIES – ELECTRICITY



- Start on the smaller circuits working up
- Once everything is de-energized turn off the main breaker

UTILITIES - GAS



- Locate and label gas shutoff valves
- If not automatic, know procedures for shutting off gas
- Consider storing a wrench nearby

EMERGENCY KITS



EMERGENCY KIT - BASICS

- Has everything you need to sustain
 - Go bag = 3-5 days
 - Stay Kit = 2-3 weeks
- Kits can be bought and customized
- Kits can be built from scratch over time
- Should be customized to your family and situation

EMERGENCY KIT - BASICS

- Flashlight
- Battery or hand-cranked radio
- Extra batteries for all your tools
- Knife or multi-tool
- Re-sealable plastic bag
- First Aid Kit
- Cash (small bills)
- 30 day supply of medication
- Cell phone chargers and cables
- Comfortable clothes
- Feminine Supplies
- Comfort Items
- Specialty Items
- Important documents
- Maps (paper and downloads)
- List of Medications

EMERGENCY KIT - CASH

- Keep cash in your kit in **SMALL BILLS**
- KEEP as much as is reasonable for you and your situation

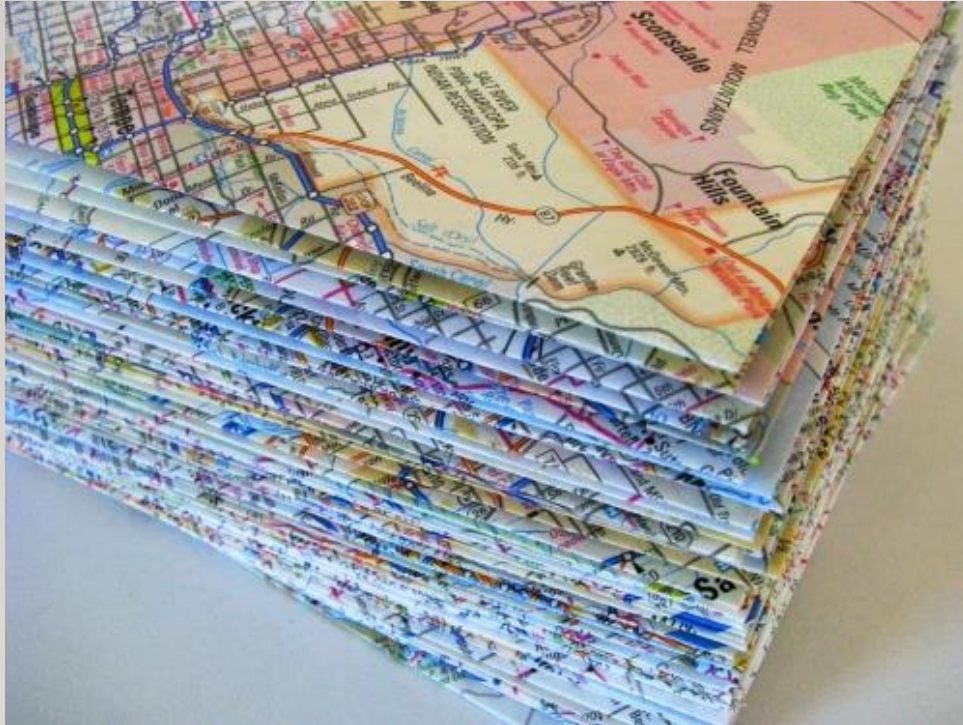


EMERGENCY KIT – FIRST AID

- You can purchase one from a reputable dealer
- Make sure you account for your own special needs
 - Allergies (to medication or latex)
 - Prone to bleeding



EMERGENCY KIT – MAPS



- Local Maps
- Regional Maps
- Highway maps
 - In case roads are block and you need to take detours

EMERGENCY KITS

GO BAG



STAY KIT



EMERGENCY KITS – GO BAGS

- 3-5 days of supplies
- Small enough to carry and fit in the car
- If possible, each member of the family has one and a communal one
- Personalize for your family and family's needs
- Don't forget your pets
- Pack comfortable clothes you like wearing
- Medication supply

EMERGENCY KITS – GO BAGS

- Wallet or purse and keys
- Phone and charger
- Medicine
- Comfortable Clothes
- Phone Charger
- Phone
- Portable Radio
- 2-3 days worth of food/snacks
- Flashlight
- First Aid Kit
- Laptop, tablet, other portable electronics
- Toiletries
- Feminine Supplies
- Specialty items
- Important Documents

EMERGENCY KITS – STAY KIT

- 2-3 weeks of supplies
- Enough supplies to stay where you are for at least 2 weeks
 - Water 1 gallon per person per day (don't forget the pets)
 - Food you actually enjoy eating that is shelf-stable
 - Comfort items
 - Places to sleep (if your house isn't viable)

EMERGENCY KITS – STAY KIT

- Manual Can Opener
- Spoons
- Water
- Food
- Waterproof matches
- Knife or multi-tool
- Re-sealable Plastic bags
- Space blanket
- Soap
- Tin foil
- Disposable plates, cups, and utensils
- Bucket
- Black trash bags
- Emergency Whistle
- Sleeping bag
- Cards, puzzles or games
- Unscented bleach (water purification)
- Hand Sanitizer

RESOURCES

- www.malibucity.com/preparedness
- <https://ready.lacounty.gov/>
- www.ready.gov
- www.redcross.org/get-help.html
- <https://fire.lacounty.gov/emergency-disaster-preparedness-safety-tips/>
- <https://www.caloes.ca.gov/>
- City of Malibu Public Safety Office
 - Publicsafety@malibucity.org
 - 310-456-2489 ext. 368