



# City of Malibu News

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## **July is Parks and Recreation Month and the Community Services Department Invites You to Celebrate with Special Activities to Enjoy While #SaferAtHome**

(Malibu, CA) - This July, the City of Malibu Community Services Department invites you to Celebrate Park and Recreation Month by participating in its many new virtual activities, from community classes, aquatic programming and special events to sports leagues, senior programs, art exhibitions and more while #SaferAtHome.

“Many people don’t realize what an integral part of our daily lives, happy childhoods and fond memories are made possible by parks and recreation programs and the caring, hardworking people who create them,” said Mayor Karen Farrer. “This July, please enjoy the Community Services Department’s incredible range of high-quality virtual activities that are offer important ways to stay healthy, happy, engaged and entertained while safe at home during the pandemic.”

Throughout July, you can join in the nationwide campaign to raise awareness for and appreciation of the valuable contributions that parks and recreation programs make to communities across America by joining in Malibu’s current offerings and taking a look back at the City’s past events and programs.

During Parks and Recreation Month, an nationwide initiative of the National Recreation and Park Association (NRPA), the City will offer a variety of virtual programs available for residents of all demographics and abilities that encourage physical activity, provide nutrition education, self-care tips, creative social interaction and additional resources for high-risk populations.

In July, Malibu parks and recreation professionals will also offer a flashback on the many fun and interactive programs that the City has offered in the past and reflect on the essential role the Department fulfills.

The City encourages community members to share why they think parks and recreation is essential with the hashtag #WeAreParksAndRec.

To learn more about Park and Recreation Month, visit [MalibuCity.org/PRMonth](http://MalibuCity.org/PRMonth) and [www.nrpa.org/July](http://www.nrpa.org/July). Follow the Community Services Department on Facebook, Instagram, and Twitter for updates and activities.

**About the National Recreation and Park Association**

The National Recreation and Park Association is a national not-for-profit organization dedicated to ensuring that all Americans have access to parks and recreation for health, conservation, and social equity. For more information, visit [www.nrpa.org](http://www.nrpa.org). For digital access to NRPA's flagship publication, *Parks & Recreation*, visit [www.parksandrecreation.org](http://www.parksandrecreation.org).

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