



## **Free Online Animal Assisted Classes & More for All!**

Big Heart Ranch is dedicated to being of service to our community. With that said, since our Conscious Community programs, education classes and tours are on hold, Big Heart Ranch is bringing our programs to you! We are now offering virtual education classes, tours, story times and more.

We invite all of our friends, teachers, parents, and kids to access our interactive roster of virtual programming for free. Please join our live online programs or catch up on our new YouTube channel anytime!

### **Weekly Online Program Schedule**

#### **MONDAYS:**

- **11am – Facebook Live trauma healing series and discussion with our co-founder Suzi Landolphi.**

Starting Monday April 6<sup>th</sup> this 4-part series will include the following discussions:

- 4/6 - Life is Throwing Fast Balls: When life changes so fast, we just can't adjust fast enough!
  - 4/13 - The Ghost of Trauma Past: When present day trauma, reminds us of trauma from our past.
  - 4/20 - Practice Makes Better!: Emotional and physical wellness practices that help us respond instead of react.
  - 5/4 - Greater and Deeper Connection without Being Close!: We are hard wired for connection not control.
- **1pm - Live Instagram tour with Q&A hosted by Samantha.**  
Follow Samantha live on Instagram while she takes you through a tour of the ranch. Samantha will take questions and requests from the audience so no two tours will ever be the same.



- **Video Post – “Mustang Monday”**

Watch our resident horse experts Corey Cardenas, HIGH and EAGALA certified equine specialist, or our co-founder Suzi Landolphi, LMFT (Creator of the Horse Inspired Growth and Healing (HIGH) and Horse Inspired Psychotherapy (HIP) programs) working with our wild mustangs that were rescued by Lifesavers Wild Horse Rescue. In each video Suzi or Corey will be helping the horses learn to trust humans and preparing them for a life of domestication. Both Suzi and Corey will be explaining, what they are doing, as well as, why and how its therapeutic to both horse and human.

## **TUESDAYS:**

- **11am-12pm – Facebook Live with Jessica**

Follow Jessica while she does her daily chicken, duck, peacock, bunny, guinea pig and garden chores. Jessica will explain her activities while taking questions from the live audience. The last 15 minutes will be a live check on all the animals at the ranch.

## **WEDNESDAYS:**

- **10am - Story Time at the Ranch.**

Enjoy children's books being read by various people at the ranch, including Spanish speaking and ASL versions! (Watch out for special guest stars too!) A new story will be posted every Wednesday at 10am, and the collection will be available on our YouTube channel.

## **THURSDAYS:**

- **11am - 12pm - Live Zoom education class with Jessica**

### **Big Heart Ranch Online Educational Workshops**

Perched overlooking the Pacific Ocean, in Malibu, is Big Heart Ranch. This magical outdoor classroom has provided nature-based learning with a restorative herd of 75 rescued animals. During on-site **farm education workshops**, students have learned about farm life, the role of plants and animals, ecology, sustainability, and an appreciation for nature.

We teach organic gardening and biomimicry, animal husbandry, environmental science and sustainable practices. With a mission of connecting kids to nature through

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farm-based education, Big Heart Ranch aims to encourage the next generation of environmental stewards.

During the next few months, while students are not able to attend in-person workshops, Big Heart will be offering weekly, online educational videos for students to learn about animal care and gardening, woodshop and crafting projects, science experiments as well as “walk and talks” with the Big Heart Healing Herd! We hope this regular Ranch Round-Up will provide children with connection, laughter and joyful learning.

### **Details:**

Each weekly, one-hour video workshop will focus on a garden, animal or craft project, with a hands-on portion to watch and/or follow along at home, as well as written information available through online links.

To Join Zoom Meeting Click: <https://zoom.us/j/687103708>

Meeting ID: **687 103 708**

### **FRIDAYS:**

- **11am - 12pm – Live Zoom Class with Deb**

### **Getting to Know Our Animal Friends Remote Learning**

#### **Course Description**

- Do goats really eat tin cans? How fast do pigs run? Is that an alpaca or llama, and what is the difference? Learn all about the animals we take care of at Big Heart Ranch! From the smallest to the largest, we will show you everything you need to know about these amazing, funny, loving animals. Using Seesaw, a platform for student engagement, teachers can empower students to create, reflect, share, and collaborate. Students “show what they know” using photos, videos, drawings, text, PDFs, and links. It’s simple to get student work in one place and share with families, and nothing is shared without teacher approval. Live 40 minutes Zoom meetings are used to reinforce lessons learned during the week and interact with the animals. Lessons engage multiple learning styles and incorporate science, language arts, visual arts and math skills. We will also have fun and games time with the animals like goat races, pig hide and seek and more!

#### **Course Materials**

- Zoom
- Seesaw app – emails are required to participate in Seesaw. To receive Seesaw curriculum please email [debbie@bigheartranch.org](mailto:debbie@bigheartranch.org)

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## Course Structure

- Weekly live, interactive meetings from Big Heart Ranch, as well as daily activities using Seesaw.

## Weekly Topics

- Week 1 - 4/3 - Goats
- Week 2 - 4/10 - Pigs
- Week 3 - 4/17 - Horses
- Week 4 - 4/24 - Alpaca
- Week 5 - 5/1 - Donkeys
- Week 6 - 5/8 – Bunnies
- Week 7 - 5/15 – Chickens

To Join Zoom Meeting Click: <https://zoom.us/j/129883149>  
Meeting ID: **129 883 149**

Website: [www.bigheartranch.org](http://www.bigheartranch.org)

Facebook: <https://www.facebook.com/BIGHeartRanchMalibu/>

Instagram: @bigheartranch

Big Heart Ranch is also offering free online therapeutic services for individuals and families. To set up an online meeting please email [suzi@bigheartranch.org](mailto:suzi@bigheartranch.org)

If you would like to be a part of our online programming, please email [jessica@bigheartranch.org](mailto:jessica@bigheartranch.org)

For general information enquiries please email [howdy@bigheartranch.org](mailto:howdy@bigheartranch.org)

