

**May  
2016**

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**Malibu Senior Center & Adult Activities**

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Senior Center Staff

**Theresa Odello**  
*Recreation Coordinator*  
**Recreation Assistants**  
 Bryanna Edwards  
 Jhenzier Gordon  
 Melissa Hernandez  
 Rebecca Ramos  
 Eileen Youngling



# senior news & VIEWS

## Malibu Senior Center's Monthly Luncheon

**Thursday, May 19, 11:30-1:30pm**

**\$2 for the first 80 people that RSVP**

Let Tapia Corel and Jim Rhodes from Partners 'n Crime take you back to the days of your youthful indiscretions and sing alongs from the Moody Blues, Beatles, Linda Rondstadt, Kinks, and more. Partners 'n Crime music reflects a blend of folk-rock, jazz and Latin influences, as well as a joyful approach to life's experiences with a "been there/ done that and came back for more" attitude. Call in advance to reserve a seat 310-456-2489 ext. 357. Please pay at the door: exact change is preferred.



***Are you an Aries or Taurus?  
 Happy Birthday!  
 Get in for FREE at the Monthly Luncheon!***

## Use it or Lose It: Maintain Your Brain

**Monday, May 2, 12-1pm**

**Free Presentation**



Learn four things you can do to potentially slow cognitive decline and reduce the risk of Alzheimer's and dementia. Brain games and brain health topics will be discussed. Participants will also enjoy free root beer floats. The lecture will be presented by Marnie Klassen from Assisted Home Health & Hospice. To RSVP, please call (310) 456-2489 ext. 357.

## Calendar

May 2016

| Mon                                                                                                                                                                                                                        | Tue                                                                                                                                                                                                                                                                          | Wed                                                                                                                                                                                                         | Thu                                                                                                                                                                                                         | Fri                                                                                                                                                                                                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>2</p> <p>No Senior Choir</p> <p>Stretch &amp; Strength 11am-12pm</p> <p><b>Use It or Lose It: Brain Health 12-1pm</b></p> <p>Chair Yoga 1-2pm</p> <p>Bridge Group 2:15pm</p> <p>Caregiver Support Group 3:30-4:30pm</p> | <p>3</p> <p>Tai Chi at Bluffs Park 8:30-9:30am</p> <p>Emeritus Creative Writing 9:30-11:45am</p> <p>Legacy Walk 10-11am</p> <p>Emeritus Art at Bluffs 12:30-2:45pm</p> <p>Mat Yoga 3:30-4:30pm</p>                                                                           | <p>4</p> <p>Stretch &amp; Strength 10-11am</p> <p>Emeritus Poetry 10-11:50am</p> <p>Reader's Theater 1-3pm</p>                                                                                              | <p>5</p> <p>Senior Aerobics 9-10am</p> <p><b>Theater Thursday 11am &amp; 1:15pm</b></p>                                                                                                                     | <p>6</p> <p>Computer Workshop 10am-12pm</p> <p>Stretch &amp; Strength 10-11am</p> <p><i>No Functional Fitness</i></p> <p>Emeritus Autobiography 12:30-2:45pm</p>                                                                                                             |
| <p>9</p> <p>Senior Choir 9:45-10:45am</p> <p>Stretch &amp; Strength 11am-12pm</p> <p>Ice Cream Social 12:15-12:45pm</p> <p>Chair Yoga 1-2pm</p> <p>Bridge Group 2:15pm</p>                                                 | <p>10</p> <p>Tai Chi at Bluffs Park 8:30-9:30am</p> <p>Emeritus Creative Writing 9:30-11:45am</p> <p>Legacy Walk 10-11am</p> <p>Emeritus Art at Bluffs 12:30-2:45pm</p> <p>Mat Yoga 3:30-4:30pm</p>                                                                          | <p>11</p> <p>Stretch &amp; Strength 10-11am</p> <p>Emeritus Poetry 10-11:50am</p> <p><b>Resources for Older Adults 12-1pm</b></p> <p>Reader's Theater 1-3pm</p>                                             | <p>12</p> <p>Senior Aerobics 9-10am</p> <p><b>Silver Fox Walks at Newton Canyon 9am</b></p> <p><b>Local's Lunch at Ollie's Duck &amp; Dive 11:30am</b></p> <p><b>Memories in the Making 2:30-3:30pm</b></p> | <p>13</p> <p><i>No Computer Workshop</i></p> <p>Stretch &amp; Strength 10-11am</p> <p>Functional Fitness 12-1pm</p> <p><b>The Market Beat 12pm</b></p> <p>Emeritus Autobiography 12:30-2:45pm</p>                                                                            |
| <p>16</p> <p>Senior Choir 9:45-10:45am</p> <p>Stretch &amp; Strength 11am-12pm</p> <p>Chair Yoga 1-2pm</p> <p>Bridge Group 2:15pm</p> <p>Caregiver Support Group 3:30-4:30pm</p>                                           | <p>17</p> <p>Tai Chi at Bluffs Park 8:30-9:30am</p> <p>Emeritus Creative Writing 9:30-11:45am</p> <p>Legacy Walk 10-11am</p> <p><b>The "BU" for Seniors 12pm</b></p> <p>Emeritus Art at Bluffs 12:30-2:45pm</p> <p>Mat Yoga 3:30-4:30pm</p>                                  | <p>18</p> <p>Stretch &amp; Strength 10-11am</p> <p>Emeritus Poetry 10-11:50am</p> <p>Reader's Theater 1-3pm</p> <p>CPR Certification Class 6-9pm</p>                                                        | <p>19</p> <p>Senior Aerobics 9-10am</p> <p><b>Monthly Luncheon 11:30am-1pm</b></p> <p>Current Events 1-2:30pm</p>                                                                                           | <p>20</p> <p><b>AARP Smart Driver Refresher 9am-1pm</b></p> <p><i>No Computer Workshop</i></p> <p>Stretch &amp; Strength 10-11am</p> <p>Functional Fitness 12-1pm</p> <p>Emeritus Autobiography 12:30-2:45pm</p> <p><b>Art Trek Workshop: Paul Klee Landscapes 2-4pm</b></p> |
| <p>23</p> <p>Senior Choir 9:45-10:45am</p> <p>Stretch &amp; Strength 11am-12pm</p> <p>Chair Yoga 1-2pm</p> <p>Bridge Group 2:15pm</p>                                                                                      | <p>24</p> <p>Tai Chi at Bluffs Park 8:30-9:30am</p> <p>Emeritus Creative Writing 9:30-11:45am</p> <p>Legacy Walk 10-11am</p> <p><b>Healthy Eating and Benefits of the Mediterranean Diet 12pm</b></p> <p>Emeritus Art at Bluffs 12:30-2:45pm</p> <p>Mat Yoga 3:30-4:30pm</p> | <p>25</p> <p>Stretch &amp; Strength 10-11am</p> <p>Emeritus Poetry 10-11:50am</p> <p><b>Relax Through Coloring 11:15am-12:15pm</b></p> <p>Reader's Theater 1-3pm</p>                                        | <p>26</p> <p><b>AARP Smart Driver 9am-1pm</b></p> <p>Senior Aerobics 9-10am</p> <p><b>Karaoke Potluck 12-2pm</b></p> <p><b>Excursion: LA Farmer's Market Food &amp; History Tour</b></p>                    | <p>27</p> <p><b>AARP Smart Driver 9am-1pm</b></p> <p>Computer Workshop 10am-12pm</p> <p>Stretch &amp; Strength 10-11am</p> <p>Functional Fitness 12-1pm</p> <p><b>Medical &amp; Health Tidbits 12pm</b></p> <p>Emeritus Autobiography 12:30-2:45pm</p>                       |
| <p>30</p> <p>City Holiday</p> <p>Senior Center Closed</p>                                                                                                                                                                  | <p>31</p> <p>Tai Chi at Bluffs Park 8:30-9:30am</p> <p>Emeritus Creative Writing 9:30-11:45am</p> <p>Legacy Walk 10-11am</p> <p>Emeritus Art at Bluffs 12:30-2:45pm</p> <p><b>Pepperdine Lecture Series 1pm</b></p> <p>Mat Yoga 3:30-4:30pm</p>                              | <p><b>Other City Events This Month:</b></p> <p><b>May 21, 2pm:</b> Spring Recital: Malibu Senior Choir performing</p> <p><b>May 8 &amp; 22, 7am:</b> Cars &amp; Coffee at Malibu Bluffs Park, 24250 PCH</p> |                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                              |

# Classes

## Emeritus College

Emeritus Classes are offered through Santa Monica College. Classes are free, but participants must register.

Spring Session: February 16—June 10. For more information, please call 310-434-4306.

**Creative Writing**                      **Art at Bluffs**  
Tues, 9:30-11:45am                      Tues, 12:30-2:45pm

**Modern Poetry**                      **Autobiography**  
Wed, 10-11:50am                      Fri, 12:30-2:45pm

## Fitness/Dance/Sports

**Senior Aerobics and Toning**  
Thursdays, 9-10am  
\$5 per class

**Chair Yoga**  
Mondays, 1-2pm, \$2/class

**Legacy Walking Group**  
Tuesdays, 10-11am  
Free, Legacy Park  
Meet at Civic Center & Webb Way

**Therapeutic Stretch & Strength**  
Mondays, 11am-12pm  
Wednesdays & Fridays, 10-11am  
\$2/class

**Mat Yoga**  
Tuesdays, 3:30-4:30pm, \$2/class

**Functional Fitness**  
NEW TIME: Fridays, 12-1pm, \$2/class  
No Class May 6

**Tai Chi at Bluffs Park**  
Tuesdays, 8:30-9:30am, \$2/class

**Silver Fox Walks**  
Thursday, May 12, 9am  
RSVP required

**The "BU" for Seniors**  
Tuesday, May 17, 12-1pm  
Free Aerobic Dance Class

## Art & Performance

**Senior Choir**  
Mondays, 9:45-10:45am, Free  
No Choir rehearsal on May 2

**Memories in the Making**  
Thursday, May 12, 2:30-3:30pm, Free

**Relax Through Coloring**  
Wednesday, May 25,  
11:15am-12:15pm, Free

**Art Trek Workshops**  
Workshop \$2, plus \$10 materials fee  
**Paul Klee Landscapes**  
Friday, May 20, 2-4pm

## Computers

**Computer and Cell Phone Workshop**  
Friday, May 6 & 27  
10am-12pm, \$2/class

## Enrichment / Groups

**Bridge Group**  
Mondays, 2-15pm, Free

**Current Events**  
Thursday, May 19, 1-2:30pm, Free

**Reader's Theater**  
Wednesdays, 1-3pm, Free

**The Market Beat**  
Friday, May 13, 12pm, Free

**Caregiver Support Group**  
Monday, May 2 & 16, 3:30-4:30pm, Free

**Potluck Karaoke**  
Thursday, May 26, 12-2pm, \$1 Donation  
Participants Must RSVP  
Potluck lunch

**Medical & Health Tidbits**  
Friday, May 27, 12-1pm, Free  
Participants must RSVP for lunch

Highlighted  
Classes

### Art Trek Workshops

\$2 plus \$10 material fee

Instructor: Lorelle Patterson, Art Trek

Participants need to RSVP: minimum of 5 and maximum of 12 participants.

Open to participants 13 and older.

#### **May 20, 2-4pm, Paul Klee Landscapes**

Inspired by modern artist Paul Klee, participants will paint a colorful landscape in watercolor.

#### **June 17, 2-4pm, Reverse Painted Birds on Acetate**

A truly unique art form takes you to painting in reverse with acrylics on acetate, approaching painting in a new and unique way.

### CPR Certification Class

Wednesday, May 18, 6-9pm

\$40 payable on the day of the class (check/cash)

Multi-Purpose Room

Instructor: Brad Davis

If a family member, friend, or child in your care had a cardiac emergency, would you recognize the signs and respond quickly and appropriately? Empower yourself with the knowledge to save a life. Participants must RSVP in advance by calling 310-456-2489 ext. 357.

### Caregiver Support Group

First and Third Monday of Each Month

May 2 & 16, 3:30-4:30pm

City Hall, Multi-Purpose Room

Free

Taking care of a loved one can be one of the toughest jobs there is. This support group will provide a safe and confidential place to express your feelings, feel understood, and obtain helpful information from peers and professionals. Sponsored by the Malibu Listening Post.

### Medical & Health Tidbits: Alternative Medicine

Friday, May 27, 12-1:30pm

Call to RSVP: Free lunch

Multi-Purpose Room

Facilitated by Vin Joshi, M.D.

Join us for this new Friday Series: Medical & Health Tidbits. Learn about medical topics that YOU need to know. Vin Joshi, M.D., will host a presentation entitled "Alternative Medicine."

Please call 310-456-2489 ext. 357 to RSVP.

### The Market Beat

Friday, May 13, 12pm

Free

City Hall, Multi-Purpose Room

Informal Discussion Group

Enjoy this new discussion group like no other of like minded people to learn, educate, have fun and invest better. Draw on the combined talent of decades of investment successes and mistakes that have been made by others and share what works with others.

## AARP SMART DRIVER PROGRAM

Tune up your driving skills and learn about current rules of the road, how to safely operate your vehicle in today's driving environment and adjustments to common age-related changes in vision, hearing and reaction time. Auto insurance discount may apply for AARP graduates (check with your provider)! Please RSVP 310-456-2489 ext. 357. The refresher course is offered to participants who have taken the 8-hour Smart Driver Program within the last 3 years.

\$15 AARP members, \$20 non-AARP members

Malibu City Hall, Zuma Room

Basic Course: May 26 & 27, 9am-1pm

Refresher Course: May 20, 9am-1pm

# What's New For You

FREE Theater Thursday, May 5



## “Steve Jobs” 11:00am

Steve Jobs takes us behind the scenes of the digital revolution, to paint a portrait of the man at its epicenter. The story unfolds backstage at three iconic product launches, ending in 1998 with the unveiling of the iMac. Starring: Michael Fassbender, Kate Winslet, Seth Rogen. (2015)

## “Spotlight” 1:15pm

The true story of how the Boston Globe uncovered the massive scandal of child molestation and cover-up within the local Catholic Archdiocese, shaking the entire Catholic Church to its core. Winner of 2 Oscars. Starring: Mark Ruffalo, Michael Keaton, Rachel McAdams. (2015)

## The “BU” for Seniors

Tuesday, May 17, 12-1pm, Free

The “BU” formula is a fun and effective low-intensity workout combination of dance & fitness with a Latin dance flair. Instructors Luly and Jorge will lead you through this effective workout program that will make a difference in your body and soul, leaving you happy and energized. RSVP: 310-456-2489 ext. 357.



## Karaoke Potluck Lunch

Thursday, May 26, 12-2pm, \$1 Donation

Join in or listen to Karaoke singers at the Malibu Senior Center! The event is free, but participants are encouraged to bring food to share with others at this potluck event. Please RSVP by calling 310-456-2489 ext. 357.



## Resources for Older Adults

Tuesday, May 11, 12-1pm, Free

Wise & Healthy Aging is a non-profit social services organization based in Santa Monica that provides resources for the Malibu community. Learn about “age in place” resources they have to assist you in independent living.



## Silver Fox Walks

Thursday, May 12, 9am

Experience the benefits of being active, social and outdoors while enjoying the many scenic regions of Malibu. Each month the group will meet in a new location for 2-3 mile walks. This month meet at Newton Canyon, located off Kanan Road between the two tunnels, trailhead on the West side of the street. Bring water, a snack, and wear comfortable clothing. RSVP required: 310-456-2489 ext. 357.



Locals Lunch  
Thursday, May 12  
11:30 am



Enjoy lunch at a local restaurant and socialize with Malibu locals. Ollie's Duck & Dive is a chef driven restaurant using seasonal and locally sourced ingredients where possible. A free regular coffee or soft drink will be provided by Ollie's.

Please RSVP  
310-456-2489 ext. 357.

## Healthy Eating and Benefits of the Mediterranean Diet



**Tuesday**  
**May 24, 12pm**  
**Free**

Learn about the Mediterranean diet and the benefits of adjusting your eating to include more of this style of food in your daily life. Participants will also enjoy a small snack created by the presenter, Rebecca Ramos. RSVP to 310-456-2489 ext. 357.

## Legacy Park Walking Group

**Tuesdays, 10-11am**

Join us for easy walking and fun socializing around Legacy Park. Wear comfortable shoes, dress for the weather, and bring water. Meet at the corner of Civic Center Way and Webb Way.



## Ice Cream Social *Free*

Monday, May 9  
12:15-12:45pm

Celebrate birthdays this month at the Center's ice cream social. Make your own sundae and enjoy socializing with others.

## Spring Recital

Saturday, May 21, 2pm  
Enjoy performances by:  
Children's Ballet  
Children's Tap & Jazz  
Zuma Youth Ensemble  
**Malibu Senior Choir**

All Ages Welcome  
Free Admission

Malibu Civic Theater  
23825 Stuart Ranch Rd



## Taurus Birthdays: Apr. 21 - May 21

Patient, Reliable, Jealous, Resentful, Determined, Loving



Larry Albers, William B. Anderson, Elizabeth Aro, Bette Bailey, Thomas Bates, James Brow, Majorie Buell, Desha Burgos, Duane Burrignt, Emily Cable, Teresa Campeau, Ida Capriole, Nancy Carsten, Elizabeth Chao, Sima Conrad, Eddie Daffin Jr, Peter Davies, Susan Davis Mantee, Anne Marie De Brouwer, Linda Delvy, Toni Doyle, June Eaton, Helen Eisenberg, John Elman, Victoria Epstein, Roy Field, Emmet Finch, Sebastian Formica, Marsha Fullmer, Sharon Gee, Bill Geller, Carl Gillberg, Ronald Goldman, Murray Goldstein, Lonnie Gordon, Jacqueline Gould, Katherine Grace, Lolli Grebb, Lynne Greditzer, Francine Greene, Nani Grenell, Susanna Hahn, Terpsie Haithas, Carole Hannon, Terposo Harithas, Sandie Haverick, Peter Heiman, Anna Belle Heiss, Jack Hendricks, David Hopkins, Patricia Hopkins, Tom Hudspeth, Walter Hunker, Suzette Hyams, Carmen Johnson-Liston, Mona Lee Kelly, Sue Kramer, Jerry La Barbera, Mel Lawrence, Doris Lemay, Debbie Levin, Wendy Lindal, Elinor MacLeod, Ellie Maginnis, Richard Mark, Nidra Maus, Joanna Maxwell, Jane McEwan, Ruth Mei Chan, Susie Mesches, Lynne Miller, Phyllis Minor, Richard Mitchell, Joan Murray, Mark Nessary, Norman Oberman, Cecilia Oliver, Gregory H. Orloff, Singh Paramjit, Paicy Phillips, Ruth Piyaman, Irvin Polashuk, Margaret Prabhu, Bernard Puzik, Naih Rahman, Mildred Riley, Roberta Ritter, Nita Rodriguez, Susan Rondell, Tanya Rotstein, Sharon Sawaya, Tina Scarpellino, Domenica Schiro, Richard Seinfeld, Lorelei Shark, Daniel Sheehy, Robert Sheets, Thomas Shepherd, Richard Sherman, Marina Shterenberg, John Sibert, Eleanor Sommerfield, Virginia Spangle, Gaetan St-Cyr, Nancy Steele, Bob Stern, William Stevenson, Sally Sylvester, Carrie Thie, John Tindall, Nancy Tindall, Trish Waldman Criuse, Dan Wechsler, William Weeger, Karen Witthoft, Bonnie Wolf, John Wright, Susan Yanoff

## Other News from the Senior Center

- **Health Tip:** One of nature's wonder foods is a garnish: Parsley! It contains three times the Vitamin C as orange juice and twice the amount of iron as spinach. Perhaps next time you are out, try the garnish first!
- **Volunteers Needed:** Tech-Savvy volunteers are needed to assist with our Computer & Cell Phone Workshop on Fridays from 10am-12pm. We would like to schedule two volunteers per week to help with this program. For more information, call 310-456-2489 ext. 357.
- **Malibu Library Events:** May 7, 1-2pm, Vegan Cooking Class: RSVP required. May 11, 5pm, Malibu Library Book Group, reviewing *The Pecan Man* by Cassie D. Selleck. May 11, 7pm, Library Speaker Series: Sonic Sea Film. May 18, 6-7:30pm, Intro to Bees & Beekeeping. May 21, 11am-12:30pm, Take Control of Garden Weeds. For more information or to RSVP call 310-456-6438.
- **Malibu Garden Club:** May 4, 7pm, Andy Lopez will present "The Invidible Gardener" at the Point Dume Club House, 29500 Heathercliff Drive. For more information call 310-456-3860.
- **Malibu Jazz Ensemble:** Are you interested in joining a community jazz band in Malibu? Dust off your old horn and sign up! We are creating an interest list for a future program, so call 310-456-2489 ext. 357 to put your name and instrument on the list. First meeting will be August 24.
- **The Malibu Playhouse:** Presents *The Pavilion*, Directed by Jeremy Skidmore, Friday and Saturday nights and Sunday Afternoons through May 22. Peter returns to his twenty-year high school reunion with dreams of winning back Kari, the girl he left behind after an unexpected pregnancy ended their relationship. Call 310-589-1998 for information.

## May Excursion

### L.A. Farmers Market Food & History Tour

Thursday, May 26, 9:00am-3:15pm, \$65 (Food Included)

Deadline to Register: May 12 or until full



Explore LA's Original Farmers Market, a landmark unlike any other in Southern California, on an entertaining, informative and delicious Melting Pot Food Tour. Artisan butchers, bakers and candy makers, a gourmet grocery emporium with one of L.A.'s finest cheese counters, an international spice merchant endorsed by Oprah Winfrey, local celebrity chefs, and more....so much to discover and, more importantly, to taste at this famed Los Angeles location. Guests will be introduced to the Market's fascinating history, hear stories of the legacy families who have been part of this landmark location since its beginnings in 1934, and taste signature items from a variety of Farmers Market stalls which may include L.A.'s highest rated doughnuts to pizza from L.A.'s finest pizzeria, authentic Brazilian barbecue to Spanish gazpacho, Cajun jambalaya and more.

## June Excursion

### Aquarium of the Pacific

Thursday, June 23, 9am-6:30pm, \$60 (Lunch Included)

Deadline to Register: June 9 or until full



Home to more than 11,000 ocean animals, representing nearly 500 species, the Aquarium celebrates the planet's largest and most diverse body of water: the Pacific Ocean. The Aquarium of the Pacific is a world-class aquarium, exploring the waters of Southern California and Baja, the Northern Pacific, and the Tropical Pacific. In addition to the three main galleries highlighting the major regions of the Pacific, the Aquarium features exhibits outdoors, including Shark Lagoon and the Lorikeet Forest aviary. Beforehand, enjoy a fun and interactive lunch at Bubba Gump Shrimp Co., a Forrest Gump themed restaurant located near the Aquarium.

### Trip Cancellation/Refund Policy

Trips may be canceled if minimum enrollment is not met by the registration deadline. Refunds will not be given to participants who cancel after the registration deadline. Special accommodations for those with specific needs can be arranged. Checks should be made payable to "City of Malibu."

### Memories in the Making

Thursday, May 12, 2:30-3:30pm

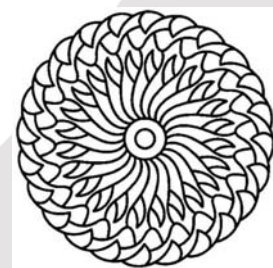
Memories in the Making is a unique arts program for people with Alzheimer's disease or other dementias that offers a creative and non-verbal way of communicating and capturing precious moments through art. This program stimulates the brain, enhances connections with families, professional caregivers, preserves distant memories or captures the "Spirit of the Moment," and focuses on what remains rather than what's lost. This program will be facilitated by Denise Gieser.



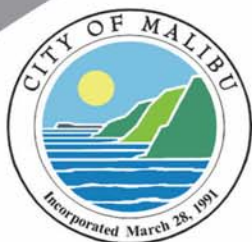
### Relax Through Coloring

Wednesday, May 25, 11:15am-12:15pm

Did you know that coloring helps relieve stress? By focusing on coloring, one is not thinking about the worries of daily life. Join us for this free unstructured drop-in program facilitated by Judy Merrick.



**MALIBU SENIOR CENTER**  
23825 STUART RANCH ROAD  
MALIBU, CA 90265



# Pepperdine Lecture Series

## Alex and Wesley Park Classical Guitar Concert Tuesday, May 31, 1:00pm

**Alex Park** is currently a senior at Pepperdine University studying Classical Guitar under Christopher Parkening. Alex was chosen as a finalist for the Classics Alive Young Artists Competition and placed second in the American Guitar Society's Bickford Award in 2015. He has worked on film and media projects either as a session guitarist or a film composer. Alex currently teaches at Pangrazio Music Conservatory in Los Angeles.

**Wesley Park** is a Sophomore at Pepperdine University studying Classical Guitar under Christopher Parkening. In addition to the guitar, Wesley also plays the piano and drums. He was the Second Place Winner in the 2013 ASTA/Aron Green Classical Guitar Competition Junior division in Los Angeles.



### Concert on the Bluffs

Come to the first annual Concert on the Bluffs, featuring an afternoon of performances by members of the Malibu Chamber Orchestra, Los Angeles Philharmonic, and New York City Ballet.

Bring picnic baskets and blankets or beach chairs. Parking will be on Malibu Canyon Rd and at City hall with free shuttle service. A variety of food trucks will also be selling food.

**Sunday, June 12 at 4:30 pm**

General Admission: \$25

Seniors (63 and up) and Students: \$15

5 and under are free

For information, call 310-456-2489 ext. 349

### Senior Center Hours

Monday - Thursday: 9 am - 4:30 pm

Friday: 9 am - 4 pm

Saturday and Sunday: Closed

Closed Monday, May 30: City Holiday

Senior Center Phone Number:

310-456-2489 ext. 357